

Be with Me Even When I'm **Angry**

How to raise children in a joyous and fulfilling way

Children need security, confidence, structure, protection, care, and love... although they too, occasionally, experience natural feelings like anger, rage and aggression – as it should be.

They need to learn to understand and reflect upon such feelings, even when they are negative. We need to learn to understand them as well and be with them during these difficult moments.

In a special parents workshop adults can learn:

How to define their children's role in the family unit, how to apply clear communication techniques with children, how to use unique tools and methods to implement boundaries with children in a respectful way, how to cope with verbal violence, how to establish a sense of responsibility within family life, and how to develop the individuality skills of their children.



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A Parents **Workshop**